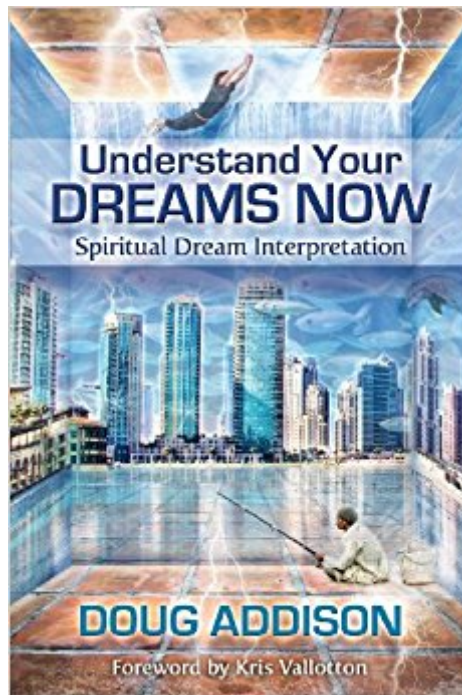




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# Understand Your Dreams Now: Spiritual Dream Interpretation



## Synopsis

"I took the essence of my years of dream interpretation training and what I look for as a dream expert. I also found a way to teach people that would allow them to catch on quickly through an accelerated dream learning process." Doug Addison Spiritual dream interpretation could possibly help you meet your future spouse, make the right business decisions at work, learn the calling of your children, see what may take place ahead of time, or even be at the right place at the right time! Understand Your Dreams Now is a crash course in dream interpretation drawn from decades of classroom and real world experience. It contains everything you need to get started, including a dream dictionary. In this concise book you will learn to: Get your dream's meaning quickly with pinpoint accuracy. Develop your ability to hear God through your dreams and daily life. Recognize which dreams are important and in need of interpretation. Discover destiny dreams and life-calling dreams. Effectively deal with nightmares to get a positive outcome. Track and journal your dreams for future application. Discern the symbolic meaning behind zombies, vampires, and other dark images. Find out the meaning of flying dreams, being chased, teeth coming loose, and more. Although not all dreams are from God, quite often God guides us through dreams. For most of us, the most important thing to discover is the purpose of a dream, not just its meaning. Only then will we know how we should respond to it. This book will help you do just that."

## Book Information

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## Customer Reviews

Doug Addison is the founder and President of InLight Connection. Doug is a prophetic speaker,

author and coach. He is known for his Daily Prophetic Words, Spirit Connection webcast, podcast, and blog. He and his wife Linda live in Los Angeles, California where he is impacting the arts, entertainment and media industries.

At last, a book about dreams that is user-friendly! With just one reading, I have already been able to understand two dreams that had me perplexed! I can't wait to start journalling my dreams to see what God wants to say to me. I look forward to sharing this book with my friends. I will definitely be using the information from this book a lot. Thank you, Doug, for making dream interpretation so understandable.

This is the BEST BOOK I have ever read on understanding your dreams, EVER! It is not your cookie cutter type book and it's loaded with tons of applicable information. Having enjoyed it so much, after I read it on my kindle, I bought it from so that I could mark in it and keep as a close reference. It was so good and most certainly a cut above all the other books that I have read over the years. Other books have great information in them I agree, however, they can become too technical in there advise and lose the reader. The become long and drawn out. I have been a dreamer ever since I can remember. I highly recommend this book if you're a dreamer or know of someone who is. Doug has a gift for being concise and clearly communicating, making things easy to understand so we, as laymen can sink our teeth into it and apply the teaching/information immediately. We're a fast food society who wants to "drive through" coming out having understood years and years of research with little or no effort put into it on our parts. With Doug's decades of classroom experience as well as real world experiences you'll appreciate the fact that his expertise is exceptionally valuable. What we would have to invest years in, being in a classroom, he gives us in this power packed book without having to spend tons of money and hours invested just to learn. This is a practical down to earth and very informative easy read. After reading it, I walked away with a wealth of knowledge in a crash course on what Breakthrough Dreams are, Metaphoric Thinking, ( a metaphor is a figure of speech where one thing is expressed in terms of another. Example: a blanket of white snow, or life is a roller coaster, he's a night owl.....etc) context makes a difference, repeating dreams, knowing the source of my dreams, dream types and their functions, interactive or lucid, spiritual warfare dreams, warning dreams, literal or symbolic dreams, how to identify people in your dreams..... nightmares, children's dreams, common dreams, dream symbols, Biblical dream interpreters, 4 levels of dream recollection.....mentoring children in the supernatural...the list goes on and on. This is truly a great investment. You'll be hungry for more of

his teachings. No disappointment here. Doug even has video courses as well audios. He is also right now for a limited time from what I understand after reading this book, giving a course on how to read tattoos. This man is gifted. It's really worth the money, enjoy! Happy reading!

I have read quite a few books on dreams. This is not a New Age book, but is Biblically based. It is interesting that the Bible contains approximately 1/3 of its content is dreams and visions. God used them then, He continues to as He had not changed. Perhaps it was just the timing of this book, but I did receive some answers to some recurrent dreams from this book. I might mention it is not about having a listing of what various symbols mean, but relying on the Holy Spirit to decipher the meaning. I highly recommend this.

That is what I discovered when I read Doug's book. Understanding my dreams became much simpler because of the way that Doug teaches you to step back and look at the 'big picture' of the dream and sum it up in a couple of sentences. That approach helped me to stop getting stuck in the weeds of detail. Detail can help, but it can choke out understanding if over-analysed. I also appreciated how he tells you the reader upfront and straight away the "how" part as opposed to heaps of background and theory etc. It's there - but you jump right in with the practical part right away. Great stuff.

Enjoyed this book very much. I have been a dreamer since early childhood and have been working to develop this gifting especially over the last five or so years. This book was a wonderful "refresher course" for me, reminding me to journal and stir up this gifting. It renewed my appreciation for God speaking to me in this way. It's a great resource for dreamers -- the novice and the seasoned! Especially enjoyed the part on "concealed dreams" and the "dÃfÂ©jÃfÂ vu" affect. Thank you, Doug. You are a gift to the body of Christ. Numbers 12:6b - ... I the LORD will make myself known unto him in a vision, and will speak unto him in a dream.

The book was easy to read and not long. It got right to the point quickly and enabled me to start practicing dream interpreting right away. It gave me confidence that I could put the principles taught in motion immediately. I've always journaled and this book had made me realize that I need to consistently go back and review and fill in the missing pieces. I've also gone back to dreams I've had years ago and for the first time I'm understanding them. I've also begun to interpret dreams for others using the techniques outlined in the book. I recommend this book highly. It will dramatically

change your life forever.

"I went flying again last night," announced my friend's co-worker. My friend and I laughed about it because: 1)it's kind of a weird thing to say at work; 2)we could totally relate to flying in our dreams. This book covers the flying thing, the falling thing and various other dream things that you might have always wondered about but didn't know where to go for answers. I especially liked the children and dreams part - who knew a cartoon character could show the way to make nightmares disappear (hint: it's in the book) or that there's another way to understand vampires and zombies that isn't creepy (also in the book). So...what are you waiting for? Download this book now...and get going on understanding your dreams!

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